

# Common Post-Operative Medication Usage Information



## Oxycodone 5mg

Oxycodone is a **narcotic** analgesic related to codeine. It is acceptable to combine Oxycodone with Tylenol or other anti-inflammatory medication if your doctor has instructed you to do so.

Directions for use: Take this medication in accordance with the written prescription you were given.

## Norco (Hydrocodone/Acetaminophen) 5/325mg or 7/325 mg

Norco is a **narcotic** analgesic related to codeine that also contains Acetaminophen. Patients **should not** combine Narco with Tylenol to prevent overdosing on Acetaminophen. It is acceptable for patients to combine Norco with anti-inflammatories if your doctor has instructed you to do so.

**Directions for use:** Take one or two tablets every six hours as-needed for severe pain. Do not take more than eight tablets or 3 grams of Acetaminophen per day. You may switch to over-the-counter Extra Strength Tylenol if your pain is not severe.

## Toradol 10 mg (Ketorolac)

Toradol is a **powerful non-steroidal anti-inflammatory (NSAID)** analgesic that is indicated for short-term use (less than five days). **Do not** take Toradol conjunction with any other anti-inflammatory medications, including Aspirin, or NSAID medications.

**Directions for use:** Take one tablet every six hours. Do not exceed four pills in one day. Toradol should be taken for the first two days after surgery and should be stopped prior to taking the prescribed Relafen.

## Relafen 750 mg (Nabumetone)

Relafen is a non-steroidal anti-inflammatory (NSAID) analgesic. Relafen is to be taken with food to increase absorption of the medicine as well as to prevent stomach irritation. Relafen **should not** be taken if you have allergies to Aspirin. Relafen **should not** be taken in conjunction with any other NSAIDs including Toradol or Aspirin.

**Directions for use:** Take two tablets per day—one tablet in the morning and one tablet at night with meals. If you have been prescribed Toradol as well, you may begin taking Relafen on post-op day three and continue for three weeks post-surgery. If you have **not** been prescribed Toradol, you may begin taking Relafen the evening of the day of your surgery.

## KeFlex 500 mg (Cephalexin)

Keflex is a broad-spectrum **antibiotic** prescribed for prophylactic purposes after surgery. Keflex should not be taken if you are allergic to cephalosporin.

**Directions for use:** Take one tablet every six hours until all medication is finished.